

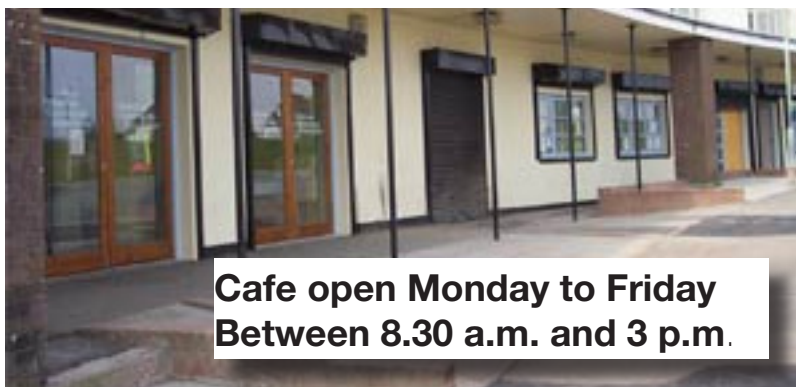


trefechan food co-operative



**Please place your orders by visiting the Cafe or by phoning
01685 386 146 / 07754 811 212**

**Fruit, Vegetable, Salad and Stew packs need to be ordered
before 3pm on Wednesdays for collection on Friday morning.
Eggs need to be ordered a week in advance on Fridays.**



**David Walsh, our Food Network Co-ordinator is currently
looking for more local food products to deliver from our Cafe.**

**Volunteers are welcome to help pack the produce on Thursday
afternoons. Please contact David on 07754 811 212**

**Senior citizens and infirm community members are
encouraged to request delivery to their door.**



Funded by the European Agricultural Fund, managed by
the Trefechan Community Association
and supported by Merthyr Tydfil County Borough Council



trefechan
community association

